

# FINAL PROGRAM

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## 2 ND EUROPEAN SOCIETY OF SOCIAL PSYCHIATRY CONGRESS



### PSYCHOTHERAPY AND PSYCHOSOCIAL INTERVENTIONS IN PSYCHIATRY

**Potential solutions in major crises**

**MARIAPOLI - CASTEL GANDOLFO, ROMA, ITALY**

**October 2nd - 3rd, 2024**

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Chairs of the Congress:

**F. FERRERO (CH), A. FIORILLO (IT) and L. JANIRI (IT)**

Organization Committee:

Chairs: **E. CAROPPO, A. CATALDI**

**G. VEGA GIORGI, M. RAPONI,  
A. BOCCACCINI, I. SABHA**

# International Scientific Committee

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# Topics

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M. AMERING (AT)  
D. BHUGRA (GB)  
C. BONSACK (CH)  
M. BOTBOL (FR)  
R. CHADDA (IN)  
T. K. J. CRAIG (GB)  
V. DI NICOLA (CA)  
G. DOOM (BE)  
J. FAVROD (CH)  
R.A. KALLIVAYALIL (IN)  
M. KASTRUP (DK)  
Y. KHAZAAL (CH)  
T. KURIMAY (HU)  
L. MAHLER (DE)  
A. MOLODYSKI (GB)  
D. MOUSSAOUI (MA)  
N. SARTORIUS (CH)  
M. SCHOULER-OCAK (DE)  
T. SCHULZE (DE)  
G. SZMUKLER (GB)  
D. WASSERMAN (SE)

- **Pandemics**
- **Climate change**
- **Financial crises**
- **Poverty**
- **War**
- **Migrations**
- **Violence**
- **Collective and individual traumas**
- **Addictions**
- **Technology**
- **Psychosocial interventions**
- **Psychotherapy**
- **Rehabilitation**
- **Integrated treatments**

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Allocated time for plenary lectures (2 each session):  
**40 minutes + final discussion 10 minutes.**

Allocated time for contributions in parallel sessions:  
**20 minutes each + possible final discussion 10-30 minutes.**

Parallel sessions of October 3rd are organized  
as a pre-congress of the  
**X Congress of FIAP -**  
Italian Federation of the Associations of Psychotherapy



# CONFERENCE SCHEDULE

October 2nd, 2024

9-9.30

Registration and opening.

WPA President, **D. Wassermann**

WASP President Elect, **R. Chadda**

EPA and Italian Society of Social Psychiatry  
President, **A. Fiorillo**

AIFA President, **R. Nisticò**

Italian Society of Psychiatry President,  
**L. Dell'Osso**

RM 2 Mental Health Department Head,  
**M. Cozza**

ESSP Congress Presidents, **F. Ferrero, L. Janiri**

9.30-11

Plenary session

- (Chairs: **N. Sartorius, L. Janiri**)

**A. Fiorillo:** Towards new solutions in mental health care in Europe: the EPA Manifesto 2024-2029

**D. Wasserman:** Towards new solutions in mental health worldwide according to the WPA Action Plan 2023-2026

11-11.30

Coffee break

11.30-13.15

Parallel sessions

- (Chair: **M. Cozza**) Social challenges, biopsychosocial solutions: the future of public mental health:

Romens: an innovative public model of intervention for social inclusion and stigma reduction (**E. Caroppo**)

Digital therapies and innovative interventions in psychiatric rehabilitation: a critical analysis of opportunities in public services (**A. Servadio**)



# CONFERENCE SCHEDULE

October 2nd, 2024

Subjectivation and environment: young adults with severe mental disorders in a community Mental Health Center (M. Grasso)

Beyond therapy rooms: promoting adolescent mental health through art and culture (R. Castaldo)

11.30-13.15 - (Chair: G. Sani) Integration between pharmacotherapy and psychotherapy:  
In adolescents and young adults (G. Sani)  
General and theoretical aspects (M. Biondi)  
In women (M. Mazza)

Personal and educational aspects of psychiatrists:

The crisis in wellbeing of medical students and doctors around the world: How can we respond? (A. Molodynski)

13.15-14.30

Lunch

13.45-14.30

ESSP General Assembly

14.30-16

Plenary session

- (Chairs: D. Wasserman, F. Ferrero)  
N. Sartorius: Changing priorities for mental health care in the 21st century  
M. Schouler-Ocak: Ethical challenges in times of a changing world

16-16.30

Coffee break

16.30-18

Parallel sessions

- (Chair: G. Martinotti) The challenge of addictions:  
Predictors of compulsive cyberporn use (Y. Khazaal)



# CONFERENCE SCHEDULE

October 2nd, 2024

16.30-18

- Gambling Disorder: preventing strategies and treatment (**G. Martinotti**)  
Vulnerability to alcohol and substance use disorders: focus on gender and age groups (**M. Di Nicola**)  
Novel psychoactive substances in the post-modern society (**A. Mosca**)  
- (Chair: **C. Bonsack**) Recovery oriented teaching, psychotherapy and interventions: STUDI: learning psychiatry through the experience of empathy (**C. Bonsack**)  
Transitional Case Management for addictive disorders (**L. Penzenstadler**)  
Psychedelic assisted recovery process (**D. Zullino**)  
Fatherhood in India and Asia: Roles, challenges, mental wellbeing, and future perspectives (**R. Kallivayalil**)

18-19

- Plenary Round table on: What can be working for preventing mental disorders in times of crisis?  
- (Chair: **A. Molodynski**)  
**D. Wasserman, N. Sartorius, M. Kastrup, G. Sani**



# CONFERENCE SCHEDULE

October 3rd, 2024

9-10.30

Plenary session

- (Chair: **D. Moussaoui, R. Kallivayalil**)  
**G. Northoff**: Spatiotemporal psychotherapy: what and why  
**T. K. J. Craig**: AVATAR therapy: development and research

10.30-11

Coffee break

11-13

Parallel sessions

- (Chair: **E. Caroppo**) Environment, interpersonal contexts and mental health: Easy language, hard language, shared language, and the power of Triologue (**M. Amering**)  
Climate anxiety and climate-related psychopathology (**P. Cianconi**)  
Sport as a stress environment and therapeutic environment: mental health for sport and sport for mental health (**S. Rullo**)  
Migration history and risk of psychosis (**I. Tarricone**)  
Mental health interventions in migrants in Rome, Italy (**L. Tarsitani**)

11-13

Parallel sessions

- (Chair: **D. Chieffo**) Increased need for psychotherapy due to major psychosocial crises:  
What place for psychotherapy in the development of mental health care after the genocide in Rwanda? (**F. Ferrero**)  
When social crises meet family crises via the devil's phone, rays of light shine in family therapy (**G. Lombardi**)



# CONFERENCE SCHEDULE

October 3rd, 2024

The need of psychotherapy in the Mental Health Services in Italy (P. Migone)  
Digital psychotherapeutic interventions to respond to the high demand for support in times of crisis: the central role of therapeutic self-efficacy for online psychotherapy (A. Gori)

Lunch

13-14.30

13-14.30

14.30-16

Poster session

Plenary session

- (Chairs: **M. Kastrup**, **Y. Khazaal**)

**M. Amering**: A human rights-based approach to recovery

**D. Moussaoui**: Links between psychotherapy and social psychiatry

16-16.30

Coffee break

16.30-18.30

Parallel sessions

- (Chair: **G. Nardone**) Mental health the day after pandemics and other disasters:

Disorder-specific intercultural psychotherapy (M. Schouler-Ocak)

Mental disorder in the era of Anthropocene: a proposal of updating of diagnostic manuals and treatments (A. Zucconi)

The value of Psychotherapy after pandemics and other disasters (C. Loriedo)

Will beauty save the psychotherapy? A new alliance between ethics and aesthetics (G. Ruggiero)



# CONFERENCE SCHEDULE

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October 3rd, 2024

**16.30-18.30** Parallel sessions

- (Chair: P. Petrini) What psychotherapy for whom?:

Beyond the talking cure principle: individual psychoanalytic psychodrama as a therapeutic paradigm for psychoanalysis in psychiatry (M. Botbol)

Psychotherapy: Learnings from Ancient India (R. Chadda)

Pros and cons the principle of matching psychopathology and psychotherapy (L. Janiri)

Psyche and society: the psychotherapist's ground (P. Moselli)

**18.30-19**

Closing

ESSP Presidents

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**IBAN for SEPA Bank Transfer:  
IT06V0538703410000035258993**

**BIC /SWIFT for "Out of SEPA Area" Bank Transfer:  
BPMOIT22XXX**

**Registration fee:  
Euros 300 (150 for students and trainees)**

**For information and Posters mail to: [essp2024@fiap.info](mailto:essp2024@fiap.info)**

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## SCIENTIFIC PARTNERS:

