



ENTER Conference 2026

Digital Wellbeing and Mental Health : Challenges, Opportunities and Calls for Action

Thursday, 11 June 2026
from 9:00 a.m. to 5:30 p.m.

Christian Müller Auditorium
CHUV - Cery site
Route de Cery 17
1008 Prilly



8 SSPP training credits

Access

Christian Müller Auditorium
Building 17A - Ground floor - Room 020

Parking

In front of the LEB station

Public transport

LEB Cery-Fleur-de-Lys stop

Participation fee (IN PERSON)

- Free : Enter Mental Health member rate
- 150.- CHF : standard rate
- 100.- CHF : SOPSY member rate
- 50.- CHF : student, AVS, AI rate
- Free : peer supporter

Participation fee (REMOTE)

- 50.- CHF : standard rate

Online registration

<https://my.weezevent.com/emhconference2026>



ENTER Mental Health Network is pleased to announce its annual 2026 conference, in collaboration with SOPSY, the Lausanne University Hospital and the Lausanne University, The WHO-CC Center on Innovation on Innovation in Prevention and Treatment of Disorders Due to Substance Use and Addictive Behaviours and the European Society of Social Psychiatry.

The meeting will take place in Lausanne on 11 June 2026. This gathering will bring together researchers, clinicians, service users, policymakers, and digital-innovation partners to explore how today's digital environments shape mental health expanding possibilities for care while generating new forms of risk, inequity, and distress.

The programme will feature keynote lectures, parallel scientific sessions, posters, and interactive workshops dedicated to advancing understanding and improving practice in the rapidly evolving landscape of digital mental health.

Preliminary program

Opening



Alexander Baldacchino

Professor of Medicine, Psychiatry and Addictions, Retired Consultant Psychiatrist, NHS Fife, Chair World Psychiatric Association (WPA) Addiction Psychiatry Section, Immediate Past President and Distinguished Fellow of the International Society of Addiction Medicine (ISAM)

Keynote lectures

Thematic 1 : Frameworks, Risks, and Ethical Responsibility

- Digitalisation and mental health : Risks and opportunities
Professor Zsolt Demetrovics, Flinders University Australia
- From Algorithms to Action : Responsible AI and Digital Innovation in Mental Health
Rhonda Wilson PhD Professor of Mental Health Nursing RMIT University, Australia

Thematic 2 : Understanding Usage: Perception, Engagement, and Methodology

- AI Dependency and the Future of Digital Wellbeing
Professor Raian Ali, Hamad Bin Khalifa, Qatar
- Opportunities and Risks for Mental Wellbeing in the Digital Era : From Creating a Digital App to Conducting a Comprehensive Literature Review
Alice Vinçon Leite Research psychiatrist Inserm, France & Olivier Las Vergnas University Professor Team Leader "Learning, Digital, and Training" Paris-Nanterre University University Lille CIREL-Trigone, France

Thematic 3 : New Frontiers in Intervention and Care Ecosystems

- The loop and the leap : bridging AI-driven innovation and practice
Cristina Crocamo, PhD Digital Mental Health, School of Medicine and Surgery, University of Milano-Bicocca, Italy
- From online to offline gaming : A novel psychological intervention using Tabletop Role-Playing Games (TRPGs) in persons with gaming disorder and social anxiety
Joël Billieux, Associate Professor, UNIL, Switzerland
- Lost in Translation : Why Addiction Care Needs an Innovation Ecosystem Approach
Dr Gosha Mitka, University of Saint Andrews, Scotland

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